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Sent: Friday, June 22, 2018 3:23 PM
To: execsec@chilmarkma.gov
Cc: ddeblase@chilmarkma.gov; Donna Lowell-Bettencourt; Susan Stevens
Subject: Yoga Camp 2018 & CCC

Good Day Timothy,

I hope this finds you well. I am reaching out to you regarding our summer school initiative Yoga Camp.

Last summer, we held our 3 sessions at West Tisbury School - 2 weeks after school ends, and the last week of summer before school begins. Our yoga and mindfulness program during the school year is blossoming, as these wellness tools are learned and practiced throughout all of the grades. Our goals of Yoga Camp are to extend and enrich these practices, as well as support kids in their transition into summer and back to school again in the Fall. It is an island-wide initiative available to all island schools.

This summer, there is a lot more maintenance and construction happening at both West Tisbury School and Chilmark School, along with the crunch of teachers preparing their classrooms.

I am requesting permission to utilize the Chilmark Community Center for our 3rd session of Yoga Camp, and Dilly looked at the CCC schedule and it is available Monday August 27 through Thursday August 30 so she has penciled us on the calendar pending your review and approval.

Our camp hours are 9A - 2P. We practice yoga and mindfulness a few times a day, adding art and science activities as well as literacy time. Kids bring their own snacks and lunch. And my other instructor is a certified Wilderness First Responder - he can attend to and administer medication and emergency situations. Each day we end with a read aloud book and singing bowl relaxation class that is open to camper's family, staff and administrators to join us for some breathing and relaxation techniques.

Thank you for considering, and if you have any further questions please let me know.

Take care,
Jen DeLorenzo
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